Chef Anthony's Specialties

SEPTEMBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
8/31 Cavatelli w/ ricotta salada & pomodor sauce, Italian blend veg, garlic bread, juice & fruit cocktail Or Tuna ww l/t	**1** Breaded Chicken cutlet, carrots baked potato, ww bread & pears Or Egg Salad ww l/t	**2** Turkey w/ harvarti dill hero, avocado ranch mayo, potato salad, juice & fruit cup No cold option	**3** Beef chili, brown rice, broccoli, crackers, juice & pineapple Or Tuna ww l/t	**4** Breaded fish sandwich, tartar sauce, coleslaw, tater tots, roll & pudding Or Turkey ww l/t
CENTER CLOSED Happy LABOR DAY	**8** BBQ chicken, coleslaw, corn , biscuit, & peaches Or Tuna ww l/t	**9** Grilled cheese & tomato soup, juice, & ices No cold option	**10** Rosh Hashana Lunch Lemon chicken, string beans, roasted potatoes, sweet roll & honey cake & apples No cold option	**11** pizza, minestrone soup, juice & cookie or Tuna ww L/T
14 Stuffed shells w/ pomodoro sauce, tossed salad, garlic bread, juice & cookie Or Tuna on ww L/T	**15** Herb Chicken w/ gravy, mashed potatoes, peas & carrots, biscuit & mandarin oranges Or Egg Salad ww L/T	**16** Birthday Day Breaded porkchop, zucchini, baked sweet potato, roll & apple sauce Or tuna ww L/T	**17** Chicken caccitore, mashed potatoes, escarole, Italian bread, juice, & pears Or Turkey ww L/T	**18** Potato crusted cod, tater tots, string beans, roll, fresh fruit Or Egg salad ww l/t
21 Baked ziti, broccoli, garlic bread, juice, pears Or Tuna ww L/T	**22** Salsbury steak, mashed potatoes, zucchini, ww bread & mandarin oranges Or Egg salad ww L/T	**23** Brunch Scrambled eggs with cheese, sausage patty, home fries, English muffin & yogurt No cold option	**24** Chicken tagin stew, veg cous cous, lentil soup, flat bread & Moroccan orange cake or Tuna ww l/t	**25** Crab cakes w/ dill sauce, sweet potato fries, cream spinach, biscuit & ice cream Or Egg Salad ww L/T
28 Meatballs & spaghetti, field greens salad, garlic bread, juice & fresh fruit Or Tuna ww l/t	**29** Beef stroganoff w/ noodles, broccoli, biscuit & peaches Or Egg salad ww l/t	**30** Chicken soup, tossed salad, juice, roll & pudding Or Tuna ww l/t	**1** Oktoberfest Bratwurst w/ sauerkraut, hot German potato salad, cucumber salad roll & pretzel No cold option	**2** Salmon cakes w/ dill sauce, peas & onion, sweet potato, corn bread & pears Or Turkey ww l/t

****RESERVATIONS REQUIRED 2 DAYS IN ADVANCE BY 2:00PM** 516-922-6422**

YOUR MEAL DONATION OF $3.00-$5.00 IS GREATLY APPRECIATED

No person will be denied service for inability to pay. This program is made possible with funding from

the Nassau County Department of Human Services,