

## July 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Penne a la Vodka broccoli, Juice, garlic bread, mandarin oranges Or Tuna Salad on Wheat</p>	<p>2 Hamburger w/ Cheese, pickle, lettuce &amp; tomato, French fries, bean salad peaches or Egg Salad on wheat</p>	<p>3 Country Ribs, coleslaw, corn, biscuit, apple pie  <b>NO COLD OPTION</b></p>	<p>4  CENTER CLOSED <b>Happy 4th of July</b></p>	<p>5 Personal Pizza on authentic pizza crust, tossed salad, and juice, mandarin oranges or Tuna Salad on wheat</p>
<p>8 Chicken &amp; Mushroom Rissoto, spinach, juice, garlic bread  Or Tuna Salad on Wheat</p>	<p>9 BBQ Chicken, corn, Four Bean Salad, Biscuit Fruit cocktail Or Turkey on Wheat</p>	<p>10 Pork Chop, carrots, tater tots, roll , apple sauce Or or Egg Salad on wheat</p>	<p>11 Turkey Meatloaf w/ Gravy, mashed potato, peas &amp; onions, pears Or Tuna Salad on Wheat</p>	<p>12 Shrimp Salad Sandwich, lemon potato salad, juice, kaiser roll, fresh fruit  <b>No Cold Option</b></p>
<p>15 Egg Salad Sandwich, lettuce, tomato, potato salad, broccoli salad, apricots  No Cold Option</p>	<p>16 Spaghetti &amp; meatballs, Italian blend veggies, juice, garlic bread, pears Or or Egg Salad on wheat</p>	<p>17 Chicken Cobb Salad, beet salad, juice, bread stick, fresh fruit  <b>No Cold Option</b></p>	<p>18 Vegetarian Chili, brown rice, string beans, juice, crackers, apples or Turkey on wheat</p>	<p>19 Beer battered cod w/ tartar sauce, carrot salad, Bread, pineapple or Egg salad on Wheat</p>
<p>22 Ravioli w/ Pomodoro, tossed salad, Italian bread, pears  Or Tuna Salad on Wheat</p>	<p>23 Pulled chicken, clear coleslaw, sweet potato potato fries, biscuit, peach cobbler Or or Egg Salad on wheat</p>	<p>24 <b>JONES BEACH TRIP</b> Cranberry Chicken Salad, bean salad, cold feta cous cous, brioche, fruit</p>	<p>25 <b>Asian Pork Tenderloin, Fried Rice, Egg Roll, Wonton Egg Drop Soup, Almond Cookie</b> Or Tuna Salad on Wheat</p>	<p>26 Salmon Cakes, baked potato, zucchini, roll  Or or Egg Salad on wheat</p>
<p>29 Fresh Mozzarella &amp; Roasted Peppers, Orzo, vegetable salad, juice, hero, Ice Cream  <b>No Cold Option</b></p>	<p>30 Chicken Quesadilla, rice &amp; peas, vegetable fiesta, juice, tortilla Or Tuna Salad on Wheat</p>	<p>31 BIRTHDAY DAY Asian Chicken Salad, Thai Peanut Noodle, vegetable salad, juice, roll, cake  <b>No Cold Option</b></p>	<p><b>Select either hot or cold when making your reservations</b> Sign Up at Front Desk or Call Hotline to make a <b>Reservation: (516) 922-6422</b></p>	<p><b>NEW</b> <b>Please reserve on the Thursday before 12pm for Monday's lunch.</b> <b>Reserve 2 days in advance</b></p>

**\*\*RESERVATIONS REQUIRED 2 DAYS IN ADVANCE BY 12:00 PM\*\***

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through New York State Office for the Aging and U.S. Administration on Aging.