

**May Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>All reservations must be made a day in advance before 12pm</i></p> <p><i>Please reserve on Friday before 12pm for Monday's lunch</i></p>	<p><b>Select either hot or cold when making your reservations</b></p> <p>Sign Up at Front Desk or Call Hotline to make a <b>Reservation: (516) 922-6422</b></p>	<p><b>1 Cinco de Mayo</b></p> <p>Arroz con Pollio, black been corn salad, bread, juice, churros</p> <p>No cold option</p>	<p><b>2</b></p> <p>Turkey Meatloaf w/ gravy, mashed potatoes, brussel sprouts, biscuit, peaches</p> <p>or Tuna on wheat</p>	<p><b>3</b></p> <p>Salmon w/ white wine sauce, baked sweet potato, zucchini, roll, fresh fruit</p> <p>or Turkey on wheat</p>
<p><b>6</b></p> <p>Baked ziti, w/ Italian blend veggies, garlic bread, apricots, juice</p> <p>Or Tuna on Wheat</p>	<p><b>7</b></p> <p>Herb roasted chicken w/gravy, mashed potatoes, string beans, bisquit, peaches</p> <p>Or Egg Salad on wheat</p>	<p><b>8</b></p> <p>Turkey Chili, brown rice, mixed veggies, crackers, juice, fresh fruit</p> <p>Or Tuna on wheat</p>	<p><b>9</b></p> <p>Chicken Cutlet w/ chutney, spinach, juice, ww bread, pineapple</p> <p>Or Egg Salad on wheat</p>	<p><b>10 MOTHER'S DAY</b></p> <p>French Toast w/ syrup, sausage, orange juice, and watermelon</p>
<p><b>13</b></p> <p>Spinach ravioli w/ pomodoro sauce, beef barley soup, garlic bread, juice, fruit cocktail</p> <p>Or Tuna on wheat</p>	<p><b>14</b></p> <p>Breaded pork chop, mac &amp; cheese, broccoli, juice, bread, applesauce</p> <p>Or Egg Salad on wheat</p>	<p><b>15 BIRTHDAY</b></p> <p>Hamburger w/ cheese, lettuce, tomato, French fries, coleslaw, roll, cake</p> <p>No cold option</p>	<p><b>16 FOODIE</b></p> <p>BBQ chicken, corn, juice, biscuit, peaches</p> <p>Or Tuna on wheat</p>	<p><b>17</b></p> <p>Potato Crusted Cod, tater tots, macaroni salad, juice, roll, fresh fruit</p> <p>or Turkey on wheat</p>
<p><b>20</b></p> <p>Beer battered Cod w/ tartar sauce, baked fries, bean salad, bisquit, mandarin orange</p> <p>or Egg salad on wheat</p>	<p><b>21</b></p> <p>Salsbury steak w/ gravy, mashed potatoes, peas &amp; carrots, roll, fresh fruit</p> <p>Chicken salad on wheat</p>	<p><b>22</b></p> <p>Grilled cheese, tomato soup, juice, ww bread, apple slices</p> <p>No Cold Option</p>	<p><b>23</b></p> <p>Chicken caccitore, brown rice, spinach, juice, Italian bread, pineapple</p> <p>Or Turkey on wheat</p>	<p><b>24 MEMORIAL DAY</b></p> <p>Sausage &amp; pepper hero, tossed salad, juice, apple pie</p> <p>No cold option</p>
<p><b>27 MEMORIAL DAY</b></p> <p><b>***CLOSED***</b></p>	<p><b>28</b></p> <p>Ravioli w/sauce, tossed salad, juice, Italian bread, mandarin oranges</p> <p>Or Tuna on wheat</p>	<p><b>29</b></p> <p>Apricot chicken, mashed potatoes, peas w/onions, ww bread, pears</p> <p>Or Egg salad on wheat</p>	<p><b>30</b></p> <p>Eggplant parmagiana, spaghetti, spinach, juice, Italian bread, peaches</p> <p>Or Tuna on wheat</p>	<p><b>31</b></p> <p>Potato crusted cod, sweet potato fries, mixed veggies, ww bread, pineapple</p> <p>Or Egg salad on wheat</p>

**\*\*RESERVATIONS REQUIRED A DAY IN ADVANCE BY 12:00 PM\*\***

YOUR MEAL DONATION OF \$3.00 - \$5.00 is GREATLY APPRECIATED

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through New York State Office for the Aging and U.S. Administration on Aging.