

February Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>All reservations must be made a day in advance before 12pm</i></p> <p><i>Please reserve on Friday before 12pm for Monday's lunch</i></p>	<p><i>Select either hot or cold when making your reservations</i></p> <p>The Grab & Go Program has been discontinued.</p>	<p>Sign Up at Front Desk or Call Hotline to make a Reservation: (516) 922-6422</p>	<p>1 Pulled Pork, Coleslaw, collard, roll, baked apple Or egg salad on wheat</p>	<p>2 Personal Pizza, pea soup, juice or Tuna on wheat</p>
<p>5 Ravioli w./ Pomodoro Sauce, zucchini soup, garlic bread juice Or Tuna on Wheat</p>	<p>6 Turkey meatloaf w/ gravy, mashed potato, peas Egg Salad on wheat</p>	<p>7 Grilled Cheese, Tomato Soup, Broccoli, No Cold Option</p>	<p>8 BBQ Chicken, Coleslaw , Fries, Biscuit or Turkey on wheat</p>	<p>9 Lunar New Year Luncheon Spare Ribs w/ Duck Sauce, egg rolls Fried Rice, Asian vegetables No Cold Option</p>
<p>12 Penne a la Vodka, vegetable Soup Tuna on Wheat</p>	<p>13 MARDI GRAS (ticket needed) Cajun Chicken w/ remoulade, black eyed peas, corn bread - No Cold Option</p>	<p>14 ASH WEDNESDAY Eggplant Parm Tossed Salad, Italian Bread,</p>	<p>15 Breaded Pork Chops, mashed sweet potato, string beans Or turkey on wheat</p>	<p>16 Potato Crusted Cod, French Fries, Bean Salad, Corn Bread or egg on wheat</p>
<p>19 President's Day CLOSED</p>	<p>20 Baked Ziti Chicken soup Garlic bread or Tuna on wheat</p>	<p>21 VIRTUAL TRIP Poulet Fa Fa (chicken in coconut milk), pumpkin soup, kato (roll) No Cold Option</p>	<p>22 Salisbury Steak, Baked Potato, Italian Blend vegetables Or Egg Salad on Wheat</p>	<p>23 Salmon Cake, dill sauce, Creamed spinach, mixed vegetable, roll Or chicken salad on wheat</p>
<p>26 Cavatelli w/ Ricotta, tossed salad w/ chickpeas, garlic bread Or Tuna on Wheat</p>	<p>27 Shrimp Scampi over Linguini, spinach, garlic bread No Cold Option</p>	<p>28 BIRTHDAY DAY Chicken Cutlet, chutney, vegetable cous cous, spinach, corn bread</p>	<p>29 Sausage and peppers hero, tossed salad, mandarin oranges or Tuna on wheat</p>	<p><i>Each meal is served with a dessert</i></p>

****RESERVATIONS REQUIRED A DAY IN ADVANCE BY 12:00 PM****

YOUR MEAL DONATION OF \$3.00 - \$5.00 is GREATLY APPRECIATED

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through New York State Office for the Aging and U.S. Administration on Aging.