

November Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>All reservations must be made a day in advance before 12pm</i></p> <p><i>Please reserve on Friday before 12pm for Monday's lunch</i></p>	<p><i>Select either hot or cold when making your reservations</i></p> <p><i>Grab & Go meals are still available for pickup Monday thru Friday</i></p>	<p>1</p> <p>Chicken Cordon Bleu, mashed potatoes, spinach and biscuit, juice</p> <p>or Tuna on wheat</p>	<p>2</p> <p>Sausage & Pepper Hero, tossed salad, juice</p> <p>or Egg salad on wheat</p>	<p>3</p> <p>Potato Crusted Cod, baked sweet potatoes, mixed vegetables, juice</p> <p>or Turkey on wheat</p>
<p>6</p> <p>Baked Ziti with ricotta cheese, Italian tossed salad, juice, and garlic bread, juice</p> <p>or Tuna on wheat</p>	<p>7</p> <p>Breaded Pork Chop, Mashed Potatoes, Whole Wheat Bread, juice</p> <p>or Turkey on wheat</p>	<p>8</p> <p>Hearty Chicken Soup with noodles, Tossed Salad and juice</p> <p style="text-align: center;">or</p> <p>Egg salad on wheat</p>	<p>9</p> <p>Baked Fried Chicken, macaroni and cheese, Broccoli and biscuit, Apple Pie</p> <p style="text-align: center;"><u>No Cold Lunch Today</u></p>	<p>10</p> <p>Chicken Masala, Gurma Aloo, Zucchini Lentil Fritter w/ yogurt, Naan, Coconut Burfi, juice</p> <p style="text-align: center;"><u>No Cold Lunch Today</u></p>
<p>13</p> <p>Ravioli with Pomodoro Sauce</p> <p>Spinach bean soup, Garlic Bread, juice</p>	<p>14</p> <p>Turkey Meatloaf with Gravy, Italian Vegetables, Mashed Potatoes, Whole Wheat Bread, juice</p> <p>Egg salad on wheat</p>	<p>15 BIRTHDAY DAY</p> <p>BBQ Chicken, Cole-slaw, baked beans and a roll, Birthday Cake, juice</p> <p style="text-align: center;"><u>No Cold Lunch Today</u></p>	<p>16</p> <p>Beef Stew, mashed potatoes, biscuit, juice</p> <p>or Tuna on wheat</p>	<p>17</p> <p>Personal Pizza with Minestrone soup, juice, and crackers</p> <p>or Turkey on wheat</p>
<p>20</p> <p>Chicken Souvlaki, Greek salad, pita, juice</p> <p>or Tuna on wheat</p>	<p>21 BRUNCH</p> <p>Scrambled Eggs w/ Cheese, hashbrown potato, mini bagel w/cream cheese, and juice</p> <p style="text-align: center;"><u>No Lunch Today</u></p>	<p>22 THANKSGIVING</p> <p>Roasted Turkey with gravy, cran-berry compote, string beans almondine, mashed sweet potatoes, juice; Pumpkin Pie</p>	<p>23</p> <p style="text-align: center;">CLOSED</p> <p style="text-align: center;">Happy Thanksgiving</p>	<p>24</p> <p style="text-align: center;">CLOSED</p> <p style="text-align: center;">Happy Thanksgiving</p>
<p>27</p> <p>Rigatoni Bolognese, Tossed Salad, and Italian bread, juice</p> <p>or Tuna on wheat</p>	<p>28</p> <p>Cheeseburger w/ Lettuce & Tomato, pickle, French Fries, Coleslaw and juice</p> <p>or Egg salad on wheat</p>	<p>29</p> <p>Falafel with Hum-mus, Tahini, Israeli Salad, Pita</p> <p style="text-align: center;"><u>No Cold Lunch Today</u></p>	<p>30</p> <p>Chicken Pot Pie, Brussel Sprouts, and juice</p> <p>or Tuna on wheat</p>	<p style="text-align: center;"><i>Each meal is served with a dessert</i></p>

****RESERVATIONS REQUIRED A DAY IN ADVANCE BY 12:00 PM****

YOUR MEAL DONATION OF \$3.00 - \$5.00 is GREATLY APPRECIATED

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through New York State Office for the Aging and U.S. Administration on Aging.