

June Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All reservations must be made a day in advance before 2pm</p> <p>Please reserve on Friday before 2pm for Monday's lunch</p>	<p>Select either hot or cold when making your reservations</p>	<p>All lunches come with dessert</p>	<p>1 <u>Walkathon</u></p> <p>Veggie Burger on roll with lettuce, tomato and horseradish sauce, chick pea & tomato salad</p> <p style="text-align: center;"><u>No Cold Lunch Today</u></p>	<p>2</p> <p>Tuna Salad on roll with lettuce & tomato, 3-bean salad, and juice</p> <p style="text-align: center;"><u>No Hot Lunch Today</u></p>
<p>5</p> <p>Stuffed Shells with Pomodoro sauce, Italian blend veggies, juice, and Italian bread</p> <p>or Tuna on wheat</p>	<p>6</p> <p>Chicken Salad on roll, field green salad w/nuts & pears, and juice</p> <p style="text-align: center;"><u>No Hot Lunch Today</u></p>	<p>7</p> <p>Herb Roasted Chicken, mashed potatoes, Brussels sprouts, and biscuit</p> <p>or Egg salad on wheat</p>	<p>8</p> <p>Hamburger on bun w/lettuce, tomato, pickle & cheese, French fries, and baked beans</p> <p>or Tuna on wheat</p>	<p>9</p> <p>Potato Crusted Cod Fillet with tartar sauce, tater tots, broccoli, and wheat bread</p> <p>or Turkey on wheat</p>
<p>12</p> <p>Cheese Ravioli with Pomodoro sauce, tossed salad, juice, and garlic bread</p> <p>or Tuna on wheat</p>	<p>13</p> <p>Pork Mei Fun with rice noodles, Asian style vegetables, juice, and egg roll</p> <p>or Egg salad on wheat</p>	<p>14 <u>Flag Day</u></p> <p>Roast Beef Sandwich with Swiss cheese on wheat bread, roasted potato salad, and vegetable salad</p> <p style="text-align: center;"><u>No Hot Lunch Today</u></p>	<p>15 <u>Father's Day Picnic</u></p> <p>Sausage & Pepper Hero with onions, potato salad, juice box, and ice cream for dessert</p> <p style="text-align: center;"><u>No Cold Lunch Today</u></p>	<p>16</p> <p>Breaded Fish Fillet with tartar sauce, wild rice blend, spinach, juice, and corn bread</p> <p>or Turkey on wheat</p>
<p>19</p> <p>Rigatoni Pasta with Bolognese sauce, broccoli, juice, and roll</p> <p>or Tuna on wheat</p>	<p>20</p> <p>Grilled Chicken over Caesar salad with garlic croutons, juice, and bread stick</p> <p style="text-align: center;"><u>No Cold Lunch Today</u></p>	<p>21 <u>Brunch Day</u></p> <p>Scrambled Eggs with cheese, pancakes, hash brown, orange juice, and yogurt</p> <p style="text-align: center;"><u>No Lunch Today</u></p>	<p>22</p> <p>Turkey Chili over brown rice, mixed vegetables, juice, and crackers</p> <p>or Tuna on wheat</p>	<p>23</p> <p>Personal Pizza, and Hearty Vegetable soup</p> <p>or Egg salad on wheat</p>
<p>26</p> <p>Shrimp Salad on roll with 3-bean salad, and juice</p> <p style="text-align: center;"><u>No Hot Lunch Today</u></p>	<p>27</p> <p>BBQ Chicken, broccoli, corn, and biscuit</p> <p>or Shrimp Salad/wheat</p>	<p>28 <u>Birthday Day</u></p> <p>Baked Pork Chop w/ applesauce, rice pilaf, carrots, juice and wheat bread</p> <p style="text-align: center;"><u>No Cold Lunch Today</u></p>	<p>29 <u>Virtual Trip-Sicily</u></p> <p>Pasta ala Norma w/ eggplant & ricotta salata, Arancini, es-carole Siciliano salad, Panne Rustica, and cannoli</p> <p style="text-align: center;"><u>No Cold Lunch Today</u></p>	<p>30</p> <p>Turkey Stuffed Pepper with rice, spinach, juice, and Italian bread</p> <p>or Egg salad on wheat</p>

****RESERVATIONS REQUIRED A DAY IN ADVANCE BY 2:00 PM****

YOUR MEAL DONATION OF \$3.00 - \$5.00 is GREATLY APPRECIATED

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through New York State Office for the Aging and U.S. Administration on Aging.