

January Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Center Closed Holiday	3 BBQ Chicken, mac & cheese, broccoli, juice, and biscuit or Tuna on wheat	4 Hamburger on bun w/cheese, lettuce, tomato & pickle, French fries, and coleslaw or Egg salad on wheat	5 Beef Stroganoff over egg noodles, carrots, juice, and Italian bread or Chicken salad on wheat	6 Salmon Cakes with dill sauce, baked potato, creamed spinach and wheat bread or Turkey on wheat
9 Chicken Cacciatore w/Rice Florentine, carrots, juice, and Italian bread or Egg salad on wheat	10 Breaded Pork Chop, baked sweet potato, string beans, and roll or Tuna on wheat	11 Grilled Cheese Sandwich on wheat bread, Tomato soup, and juice or Egg salad on wheat	12 <u>Martin Luther King</u> Southern Style Chicken, cheesy grits, collard greens, juice, and corn bread <u>No cold Lunch Today</u>	13 Shrimp Scampi over linguini, tossed salad, juice, and garlic bread or Tuna salad on wheat
16 Center Closed Holiday	17 Asian Style Chicken, fried rice, Wonton veggie soup, and juice, and egg roll or Tuna salad on wheat	18 <u>Virtual Trip-Argentina</u> Argentinean Steak w/ Chimichurri sauce, Locro (soup), Berenjas en escabeche (eggplant), and croissant <u>No cold Lunch Today</u>	19 Baked Ziti with mozzarella cheese, tossed salad, sauteed zucchini or Tuna on wheat	20 Crab Cake with dill sauce, herb roasted potatoes, peas & carrots, and wheat bread or Chicken salad on wheat
23 Rigatoni w/Bolognese sauce, spinach, juice and roll or Tuna on wheat	24 Pork Chop w/gravy, mashed potatoes, string beans, and biscuits or Egg salad on wheat	25 <u>Birthday Day</u> Turkey Meatloaf, mashed potatoes, broccoli, and roll or Tuna on wheat	26 Chicken Risotto with mushroom, escarole, juice, and bread stick or Turkey on wheat	27 Personal Pizza, Lentil soup, juice, and crackers or Egg Salad on wheat
30 Spaghetti & Meatballs with Pomodoro sauce, Italian blend veggies, juice, and garlic bread or Tuna on wheat	31 Breaded Chicken Cutlet w/fruit chutney, baked potato, carrots, and wheat bread or Egg salad on wheat	All reservations must be made a day in advance before 2pm		Select either hot or cold when making your lunch reservations All lunches include a dessert

****RESERVATIONS REQUIRED A DAY IN ADVANCE BY 2:00 PM****

YOUR MEAL DONATION OF \$3.00 - \$5.00 is GREATLY APPRECIATED

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