

October Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Hearty Chicken Vegetable soup, salad with chic peas, juice, and roll</p> <p>or Tuna on wheat</p>	<p>4 <u>Taco Tuesday</u></p> <p>Turkey Tacos with lettuce, tomato, cheddar cheese, salsa & sour cream, rice & beans, and roasted zucchini</p> <p>No Cold Lunch today</p>	<p>5</p> <p>Meatball Parmesan Hero, tossed salad, and juice</p> <p>or Tuna on wheat</p>	<p>6</p> <p>BBQ Chicken, sweet potato fries, clear coleslaw, and biscuit</p> <p>or Egg Salad on wheat</p>	<p>7</p> <p>Crab Cakes w/ horseradish sauce, baked potato, spinach, and roll</p> <p>or Roast Beef on wheat</p>
<p>10 <u>Virtual Trip to Genoa Columbus Day Lunch</u></p> <p>Gnocchi with Pesto sauce, Minestrone soup, juice, and focaccia bread, and Anicini Biscotti</p> <p>No Cold Lunch today</p>	<p>11</p> <p>Individual Sausage Pizza w/mozzarella cheese, tossed salad, and juice</p> <p>or Tuna on wheat</p>	<p>12</p> <p>Salisbury Steak with gravy, mashed potatoes, spinach, and biscuit</p> <p>or Roast Beef on wheat</p>	<p>13</p> <p>Apricot & Grainy Mustard glazed Chicken, wild rice blend, roasted carrots, and roll</p> <p>or Egg Salad on wheat</p>	<p>14</p> <p>Beer Battered Cod Fillet with tartar sauce, baked French fries, coleslaw, and wheat bread</p> <p>or Tuna on wheat</p>
<p>17</p> <p>Cheese Ravioli with Pomodoro sauce, Italian blend vegetables, juice, garlic bread</p> <p>or Tuna on wheat</p>	<p>18</p> <p>Lemon Chicken, rice pilaf, peas & onions, juice, and wheat bread</p> <p>or Egg salad on wheat</p>	<p>19 <u>Birthday Day</u></p> <p>Turkey Chili over brown rice, mixed vegetables, juice, and crackers</p> <p>or Turkey on wheat</p>	<p>20</p> <p>Hamburger on bun w/lettuce, tomato, pickles and cheese, baked French fries, and coleslaw</p> <p>or Tuna on wheat</p>	<p>21</p> <p>Potato Crusted Cod Fish with tartar sauce, tater tots, string beans, and wheat bread</p> <p>or Egg Salad on wheat</p>
<p>24</p> <p>Stuffed Pasta Shells with Pomodoro sauce, Split Pea soup, juice, and garlic bread</p> <p>or Tuna on wheat</p>	<p>25 <u>Brunch Day</u></p> <p>Scrambled Eggs with Spinach & Cheese, hash brown, orange juice, and English muffin</p> <p>Brunch served at 11:45am No Lunch Today</p>	<p>26 <u>Halloween Party</u></p> <p>Steak To The Heart Sandwich w/onions & provolone cheese, Children of the Corn, the Muscles from Brussels sprouts, and Cup of Dirt</p> <p><u>Dinner at 5:30pm</u> <u>No Lunch Today</u></p>	<p>27</p> <p>Grilled Cheese Sandwich on whole wheat bread, Tomato soup, and juice</p> <p>No Cold Lunch today</p>	<p>28</p> <p>Turkey Tetrazzini over noodles, zucchini, juice, and roll</p> <p>or Tuna on wheat</p>
<p>31</p> <p>Baked Ziti with cheese, French Onion soup, juice, and bread</p> <p>or Tuna on wheat</p>	<p>All lunches include a dessert</p>	<p>All reservations must be made a day in advance before 2pm</p>	<p>Please reserve on Friday before 2pm for Monday's lunch</p>	<p>Select either hot or cold when making your lunch reservations</p>

****RESERVATIONS REQUIRED A DAY IN ADVANCE BY 2:00 PM****

YOUR MEAL DONATION OF \$3.00 - \$5.00 is GREATLY APPRECIATED

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