June 2022 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
All reservations must be made a day in advance before 2pm Please reserve on Friday before 2pm for Monday's lunch	Select either hot or cold when making your lunch reservations All lunches include dessert	1 Annual Walk Veggie Burger on bun w/lettuce, tomato & horseradish sauce, chic pea salad, and roasted zucchini No Cold Lunch today	2 Chicken Cutlet w/ compote, macaroni and cheese, carrots, juice, and biscuit or Turkey on wheat	3 Salmon Cakes with dill sauce, baked French fries, string beans, and wheat bread or Egg salad on wheat
Baked Ziti with Pomodoro sauce, Italian blend veg- gies, juice, and Ital- ian bread or Egg Salad on wheat	Turkey & Muenster on brioche with chipotle mayo, juice, tomato salad with cucumber & avocado No Hot Lunch today	8 <u>Virtual Trip-Poland</u> Gulasz (Beef Goulash), pierogies, Polish style cooked cabbage, and roll	9 Pork Chop w/apple sauce, wild rice blend, carrots, juice, and wheat bread or Turkey on wheat	Personal Pizza, tossed salad, and juice or Tuna on wheat
13 Cheese Ravioli w/ Pink sauce, Italian blend veggies, juice, and Italian bread or Tuna on wheat	14 Salisbury Steak w/ gravy, mashed pota- toes, peas & carrots, and wheat bread or Egg Salad on wheat	Roast Beef & Swiss on roll with lettuce, tomato & horserad- ish sauce, potato salad, and balsamic roasted veggies No Hot Lunch today	16 Father's Day Cheeseburger on bun w/lettuce, to- mato & pickles, coleslaw, and baked beans No Cold Lunch today	17 Fresh Mozzarella with red roasted peppers on hero, veggie pasta salad, and juice No Hot Lunch today
Tuna Salad on roll with lettuce and tomato, field green salad w/pears & walnuts, and juice No Hot Lunch today	Barbecue Boneless Chicken thigh, broccoli, beet salad, and wheat bread or Egg Salad on wheat	22 Brunch Day Scrambled Eggs with cheese, hash brown, orange juice, and biscuit w/gravy No Lunch today Brunch at 11:30am	23 Chicken Quesadilla with salsa & sour cream, brown rice & beans, and vegetable fiesta or Tuna on wheat	Cobb Salad with Smoked Chicken and bleu cheese dressing, juice, and bread sticks No Hot Lunch today
Stuffed Pasta Shells with Meat sauce, broccoli, juice, and garlic bread or Tuna on wheat	Pot Roast w/gravy, mashed potatoes, mixed veggies, and biscuit or Egg Salad on wheat	29 <u>Birthday Day</u> Shrimp Salad on roll with lettuce, tomato basil salad, and juice No Hot Lunch today	30 Turkey meatloaf w/gravy, baked potato, carrots, and wheat bread or Tuna on wheat	1 July 4th Celebration BBQ Pulled Chicken on brioche roll, waffle fries, and coleslaw No Cold Lunch today

RESERVATIONS REQUIRED A DAY IN ADVANCE BY 2:00 PM

YOUR MEAL DONATION OF \$3.00 - \$5.00 is GREATLY APPRECIATED

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through New York State Office for the Aging and U.S. Administration on Aging.