



# August 2021



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>Stuffed Pasta Shells w/Pomodoro sauce, spinach, juice, and Italian bread</b>  or Tuna on wheat	<b>3</b> <b>Herb Roasted Chicken w/ gravy, rice pilaf, broccoli, and biscuit</b>  or Roast Beef on wheat	<b>4</b> <b>BBQ Pulled Chicken on roll, cheese grits, coleslaw, and juice</b>  or Egg Salad on wheat	<b>5</b> <b>Chicken Salad w/ Cranberry &amp; walnuts on ciabatta roll, potato salad, and juice</b>  no hot lunch	<b>6</b> <u>LECOB Pandemic Heroes</u> <b>Cheeseburger on bun w/lettuce, tomato &amp; pickles, French fries, and baked beans</b>  no cold lunch
<b>9</b> <b>Cheese Ravioli w/ Pomodoro sauce, tossed salad, broccoli, and Italian bread</b>  or Tuna on wheat	<b>10</b> <b>BBQ Boneless Chicken, corn, coleslaw, and biscuit</b>  or Egg Salad on wheat	<b>11</b> <b>Tuna Salad on wheat bread with lettuce &amp; tomato, and potato salad</b>  no hot lunch	<b>12</b> <b>Orrechetti with broccoli pesto, tossed salad, juice, and garlic bread</b>  or Tuna on wheat	<b>13</b> <b>Beer Battered Cod Fish w/ tartar sauce, baked fries, 3-bean salad, and biscuit</b>  or Chicken Salad
<b>16</b> <b>Baked Ziti with Pomodoro sauce, Italian blend vegetables, and garlic bread</b>  or Egg Salad on wheat	<b>17</b> <b>Turkey Meatloaf w/ gravy, mashed potatoes, peas &amp; carrots, and wheat bread</b>  or Tuna on wheat	<b>18</b> <u>End of Summer Party</u> <b>Island Chicken with pineapple salsa, saffron rice, tropical sesame veggie with quinoa, and roll</b> Dinner starts 5:30pm No Lunch today	<b>19</b> <b>Breaded Chicken Cutlet with fruit chutney, vegetable cous cous, spinach, juice, and biscuit</b> no cold lunch	<b>20</b> <b>Personal Pizza, Minestrone soup, juice, and crackers</b>  or Tuna on wheat
<b>23</b> <b>Roast Beef &amp; Provolone on French bread w/ lettuce, tomato &amp; garlic aioli, and juice</b>  no hot lunch	<b>24</b> <b>Salisbury Steak w/ gravy, mashed potatoes, peas &amp; onions, and biscuit</b>  or Egg Salad on wheat	<b>25</b> <u>BirthDay Day</u> <b>Chicken Cacciatore, brown rice, mixed vegetables, juice, and Italian bread</b>  or Tuna on wheat	<b>26</b> <b>Potato Crushed Cod Fish, French Fries, Brussels sprouts, and roll</b>  or Turkey on wheat	<b>27</b> <b>Turkey Chili with beans, brown rice, broccoli, juice, and crackers</b>  or Egg Salad on wheat
<b>30</b> <b>Rigatoni Bolognese, tossed salad, juice, and garlic bread</b>  or Tuna on wheat	<b>31</b> <b>Baked Pork Chop, wild rice blend, carrots, juice, and wheat bread</b>  or Turkey on wheat	Suggested lunch donation is \$5.00	Make your reservations for lunch by 2pm the day before	All lunches include a dessert

All meals are prepared fresh daily by Chef Anthony and Assistant Chef Dannette. They use quality ingredients in each and every meal they prepare and serve.

**The above menu may be subject to change without notice due to circumstances beyond our control.**

**\*\*RESERVATIONS REQUIRED A DAY IN ADVANCE BY 2:00 PM\*\***  
 YOUR MEAL DONATION OF \$5.00 is GREATLY APPRECIATED  
*No person will be denied a service because of inability to contribute.*

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through New York State Office for the Aging and U.S. Administration on Aging, and the Town of Oyster Bay.