



## July 2021 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Make your reservations for lunch by 2pm the day before</b></p>	<p><b>Suggested lunch donation is \$5.00</b></p>	<p><b>All lunches include a dessert</b></p>	<p><b>1 Baked Ziti w/sauce &amp; cheese, tossed salad, zucchini, and Italian bread</b></p> <p>or Tuna on wheat</p>	<p><b>2 <u>July 4th Party</u> BBQ Pulled Chicken on roll, cole-slaw, and French fries</b></p> <p>no cold lunch</p>
<p><b>5 Center Closed Holiday</b></p>	<p><b>6 Grilled Chicken Caesar salad, beef salad, juice, and garlic bread</b></p>	<p><b>7 Baked Pork Chop, wild rice blend, spinach, juice, and wheat bread</b></p> <p>or Turkey on wheat</p>	<p><b>8 Roast Beef &amp; Swiss on roll w/horseradish sauce, potato salad, and 3-bean salad</b></p>	<p><b>9 Salisbury Steak w/ gravy, mashed potatoes, peas &amp; carrots, and biscuit</b></p> <p>or Roast Beef on wheat</p>
<p><b>12 Rice Ball with meat &amp; peas, tossed salad, juice, and bread stick</b></p> <p>or Tuna on wheat</p>	<p><b>13 Chicken Cutlet with fruit chutney, mac &amp; cheese, carrots, juice, and biscuit</b></p> <p>or Turkey on wheat</p>	<p><b>14 <u>Virtual Trip - Israel</u> Chicken Shwarma w/hummus tahina, Israeli salad, French fries, and pocket pita</b></p> <p>no cold lunch</p>	<p><b>15 Fresh Mozzarella w/ roasted peppers on French bread, veggie pasta salad, and juice</b></p>	<p><b>16 Baja Fish Soft Taco on flour tortilla, cabbage slaw, rice and beans, juice,</b></p> <p>or Turkey on wheat</p>
<p><b>19 Orrechetti with broccolli pesto, Greek salad, juice, and garlic bread</b></p> <p>or Turkey on wheat</p>	<p><b>20 BBQ Chicken, beef salad, corn, and biscuit</b></p> <p>or Turkey on wheat</p>	<p><b>21 <u>Brunch Day</u> Scrambled Eggs w/ cheese, hash brown, blueberry pancake, and juice</b></p> <p>Brunch served at 11am</p>	<p><b>22 Turkey hero w/lettuce, tomato, avocado &amp; chipotle mayo, veggie pasta salad, and juice</b></p>	<p><b>23 Egg Salad on roll with lettuce &amp; tomato, German potato salad, juice</b></p>
<p><b>26 Personal Pizza, Vegetable soup, juice, and crackers</b></p> <p>or Tuna on wheat</p>	<p><b>27 Smoked Chicken Cobb salad, juice, and bread stick</b></p>	<p><b>28 <u>Birthday Day</u> Spaghetti &amp; Meatballs, field green salad, juice, &amp; garlic bread</b></p> <p>no cold lunch</p>	<p><b>29 Beer Battered Cod Fish, baked fries, coleslaw, and biscuit</b></p> <p>or Egg Salad on wheat</p>	<p><b>30 Herb Roasted Chicken, wild rice, broccolli, juice, and wheat bread</b></p> <p>or Tuna on wheat</p>

All meals are prepared fresh daily by Chef Anthony and Assistant Chef Dannette. They use quality ingredients in each and every meal they prepare and serve.

**The above menu may be subject to change without notice due to circumstances beyond our control.**

**\*\*RESERVATIONS REQUIRED A DAY IN ADVANCE BY 2:00 PM\*\***

**YOUR MEAL DONATION OF \$5.00 is GREATLY APPRECIATED**

*No person will be denied a service because of inability to contribute.*

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through New York State Office for the Aging and U.S. Administration on Aging, and the Town of Oyster Bay.