



The Life Enrichment Center at Oyster Bay
Helping Seniors Stay Active, Healthy and Engaged

Board of Directors

December, 2020

Susan Peterson
President

Dear Friends,

Edward C. Mohlenhoff
Vice President

It is with a sigh of relief we bid 2020 adieu. With our lives on hold, we are counting down the days when we can finally resume life with a sense of normalcy. For hundreds of seniors, that means returning to the Center, gathering with friends for lunch, getting back to exercise routines and all the activities that are an important part of their life.

Thomas Del Sorbo
Treasurer

The Life Enrichment Center was one of a select group of senior centers to reopen this fall. Even with all the restrictions and limitations, people were overjoyed to be back. Sadly, with infection rates rising, the decision was made to close all Centers again last week. Our brief sojourn from isolation has abruptly ended, hopefully not for long.

Laura V. K. Dougherty
Secretary

Beth Polner Abrahams

Disappointed but not discouraged, we are prepared to pivot once again. Although we are unable to host in-person programs, we will still deliver services as we have throughout the year. So far in 2020 we have:

Joan Adomsky

Dr. Patricia Azmitia

- Served **11,517 nutritious lunches** through grab-and-go or home delivery

Alberto Cassola

- Hosted **4,652 units of exercise** to help people maintain the mobility that is so important as we age

Alex Ipiotis

- Helped **442 seniors with social services** for family and interactions, counseling, and referrals

Christine Kelly

- Maintained contact with members through **4,200+ telephone reassurance calls** to isolated seniors

Rosalie Koenig

- Organized volunteers who **provided essential services**, including food and medicine delivery, to homebound and compromised seniors

Deborah Kupperman

Richard Longworth

As anxious as we are to ring in the new year, we are expecting the first quarter of 2021 to be the most difficult. We are tightening our belts and cutting costs. We need your help to get through this final phase and begin the slow recovery back to life before the pandemic.

Elisabeth Deans Mooney

Elaine Palmer

With your help we have been able to maintain our services throughout the year and will be ready to restart in-person programming in early 2021. We look forward to welcoming back hundreds of seniors who consider the Center their home-away-from-home. Thank you again to so many of you who have generously supported the Center this year. Best wishes for Happy Holidays and a Healthy New Year!

Lillian Soricillo

Rev. Linda Vanager

Warmest regards,


 Susan Peterson
 President


 Judy Palumbo
 Executive Director

