



The Life Enrichment Center AT OYSTER BAY

See you in September!

As I write this note, the sun is shining and the August heat is in full swing ... accompanied by the summer humidity! But Mother Nature will soon be changing things up as September begins the gradual shift to cool, crisp fall weather.

On August 23 we wrapped things up and saluted summer with our **"End of Summer" Toga Party!** More than 100 people filled our main hall to celebrate all the fun we've had these past few warm months. But now looking forward to September, there are plenty of activities the Center has lined up for you. We hope you take a peek at our enclosed calendar of activities and enjoy the fun. I've also listed some highlights below. Be sure to note that we are hosting a free **Citizen Preparedness Training** class on Wednesday evening 9/13 ... learn the tools and resources to prepare for any type of disaster, and get your free "To Go Kit". We are especially pleased that Friday September 15th is **"Homecoming Day"** ... all members are invited to join us at 10:30 am to hear a little bit about the Center and what we do, followed by live music at 11 am and of course lunch at noon! Even if you haven't been here in a while, come on in and we will welcome you 'home'!

- Super Bingo - Tues. 9/5 at 1 pm
- New - Computer Class - Wed. 9/6 at 1 pm
- Bus trip to Art Show at Glen Cove Sr. Ctr. (see art exhibits done by our very own Watercolor Class!) - Thurs. 9/7 at 12:45
- Easy Meals to Make at Home - Tues. 9/12 at 11:15
- Citizen Emergency Preparedness (registration required) - Wed. 9/13 at 6:30 pm
- Homecoming Celebration (reservation requested) - Fri. 9/15 at 10:30 am
- Exercise & Balance with Brandi from Montalto Physical Therapy - Tues. 9/19 at 11:30 am
- "Virtual Trip" to Texas - Wed. 9/20 at 11:45 am
- Celebrate September Birthdays - Fri. 9/29 at lunchtime

Judy Palumbo, Executive Director

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