



The Life Enrichment Center AT OYSTER BAY

Beautiful Days Ahead, Learning and Sharing
By Silvana LaFerlita Gullo, Executive Director

With Spring finally here we are not only enjoying lovely weather but the Center is blossoming with new activities to challenge our brains, inspire positive thinking and expand our horizons.

I am happy to report that my backgammon students and challengers are expanding, so I'm busy enjoying some time in friendly competition with our Members. New Members are joining in our game activities and, thanks to Tom Power, Hero is learning to play chess, a game he has long desired to master. I encourage our Members to challenge the staff to a game of your choice. If you are well versed in a game we do not know, please offer to teach it to other members and the staff. It will be a great way for us to connect, take a break from the paper work and have some fun!

I have been extremely busy with an advocacy campaign with Carol Waldman from the Glen Cove Center, to speak with elected officials regarding New York State and Federal funding for seniors programs. We have learned a great deal about their role in the budgeting process. Anyone interested in hearing about this important campaign, or if you would like to offer any ideas and suggestions for how we can improve the Center, please join me on Tuesday, May 10th at 10:45 for the Town Hall Meeting.

The most important and difficult lesson I ever learned was that of being a mother. You are handed a precious gift without a manual and have to navigate difficult waters without a clue. You must be soft, yet hard; kind, yet firm, hold them close, yet let them go. The best you can hope for is that they live a long and happy life. Remember your mother fondly, for she did her best with the hardest job in the world. Love her big as the sky and deep as the ocean. Happy Mother's Day to all the women who raised you and did a great job.

Silvana LaFerlita Gullo, Executive Director

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