



# April Menu

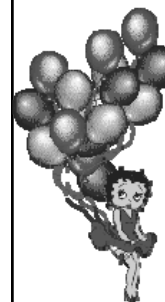
Monday	Tuesday	Wednesday	Thursday	Friday
1 Stuffed Shells with Pomodoro sauce, Chicken soup, Italian blend veggies, garlic bread and dessert or Tuna Salad on wheat	2 BBQ Boneless Chicken Thigh, coleslaw, baked beans, biscuit and dessert or Egg salad on wheat	3 Grilled Chicken over Caesar salad with crou-tons, potato salad, juice, roll and dessert or Tuna Salad on wheat	4 Beef Pot Pie with vegetables, carrots, juice, wheat bread and dessert or Egg salad on wheat	5 Crab Cake with dill sauce, sweet potato fries, green beans, wheat bread and dessert or Turkey on wheat
8 Pasta with Broccoli in garlic & oil, tossed salad w/ chic peas, juice, roll and dessert or Tuna salad on wheat	9 Breaded Chicken Cutlet with fruit chutney, wild rice, spinach, juice, roll and dessert or Turkey on wheat	10 Beef & Broccoli with fried rice, Stir fry vegeta-bles, Asian bun and des-ert or Egg salad on wheat	11 Salisbury Steak with gravy, mashed potatoes. mixed vegetables, biscuit and dessert or Tuna salad on wheat	12 Personal Pizza, Minestrone soup, juice, and dessert  <b>No cold lunch today</b>
15 Spaghetti & Meat-balls with marinara sauce, Italian blend veggies, juice, garlic bread and dessert or Tuna salad on wheat	16 Chicken Quesadilla on flour tortilla with salsa & sour cream, rice & beans, spinach and des-ert or Egg Salad on wheat	17 <b>Brunch Day</b> Eggs with potatoes and onions, field green salad with nuts & cranberries, orange juice, English muffin and yogurt <b>No lunch today</b> <b>Brunch served at 11am</b>	18 <b>Easter &amp; Passover Celebration.</b> Pot Roast with gravy, roasted potatoes, asparagus, matzo and dessert  <b>No cold lunch today</b>	19 Salmon Cake with dill sauce, baked French fries, zucchini, roll and dessert or Chicken salad on wheat
22 Cheese Ravioli with Pomodoro sauce, tossed salad, juice, Italian bread and des-ert or Tuna salad on wheat	23 HerbRoasted Chicken, sweet potato fries, green beans, bis-cuit and dessert or Turkey on wheat	24 Cheese Burger on bun with lettuce & tomato, baked French fries, juice and dessert or Tuna salad on wheat	25 <b>Volunteer Recognition</b> Panko Crusted Chicken with cranberry compote, rice pilaf, pea & onions, juice and occasion cake for dessert  <b>No cold lunch today</b>	26 <b>Birthday Day</b> Beer Battered Fish with tartar sauce, coleslaw, broccoli, wheat bread and birthday cake for dessert  <b>No cold lunch today</b>
29 Manicotti with Pomodoro sauce, tossed salad with chic peas, juice, garlic bread and dessert or Tuna Salad on wheat	30 Turkey Chili with beans, brown rice, spin-ach, crackers and des-ert or Egg Salad on wheat	Make your reservations before 2pm the day before - otherwise you will be put on the waiting list for lunch and will have to wait until all others have been served	Please read the menu carefully before selecting either a Hot or Cold entrée when making your reservations	Lunch reservations are necessary to insure our kitchen staff prepares enough lunches for our members

**PLEASE NOTE:** Menu is subject to change without notice and cannot be customized to order.  
**RESERVATIONS REQUESTED — YOUR MEAL DONATION IS GREATLY APPRECIATED — THANK YOU!**  
*No person will be denied a service because of inability to contribute.*

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through New York State Office for the Aging and U.S. Administration on Aging, and the Town of Oyster Bay.

## Mother's Day Brunch and Betty Boop Fashion Show

on Thursday 5-9-19  
starting at 11am



*Brunch served at 11:30am  
Followed by Fashions from our  
Silver Threads Shop  
Plus Tea and desserts*

*Please make your reservations  
in the Program Office*

*In Loving Memory of Betty*

### Brain Games Questions:

- Q.1 - What's the term for a resident of Liverpool?
- Q.2 - What month features the harvest moon?
- Q.3 - What's the name of Warner Brothers' romantic skunk?
- Q.4 - What handicraft requires you to interlace your warp and weft?
- Q.5 - What's the best-known artificial international language?
- Q.6 - What river is spanned by the Rainbow Bridge?
- Q.7 - Who founded Philadelphia, Pennsylvania?
- Q.8 - What continent contains Queen Maud Land, Wilkes Land and Bird Land?

(Answers on newsletter center page)