



# The Life Enrichment Center AT OYSTER BAY

## A Fond Farewell

This month we say goodbye to our Day Break Coordinator, Ruth Humphreys. Day Break, a social model adult day care center, is one of the most important and impactful programs we offer, providing care for frail and memory-impaired adults and offering respite and comfort to their families. Over the past 10 years, Ruth has enriched the lives of hundreds of people providing exceptional care with her unique mix of compassion, patience, and humor.

I am going to miss Ruth more than words can say. But in her infinite wisdom, she assured me change would be good and encouraged me to hire someone with new ideas, who would breathe new life into the program. And so, I did.

Welcome, Bridget DeSimone. We are very excited to have Bridget join our team. She comes to us from The Bristol Assisted Living, where she has years of experience working in the memory care program. She has a passion for working with older adults, and she exudes energy and optimism.

The baton has been passed. A new adventure begins for both Ruth and Bridget.

*If you or someone you know has a loved one with dementia or Alzheimer's disease, there's no better place than Day Break! Call the Center for info: 516-922-1770.*

## JUNE EVENTS at the Center

- June 5 at 11:15 am - Home Delivery Prescriptions by Community Care RX
- June 7 at 11:15 am - Nutrition Education by Cornell Cooperative Extension
- June 8 at 11:15 am - Terry's Tappers – Tap and ballet performance
- June 12 at 11:15 am - Lower Back Pain by Dr. M. Smith
- June 13 at 8:00 am - NYC Trip: Whitney Museum, Chelsea Market, High Line
- June 14 at 10:30 am - Father's Day Celebration
- June 18 at 10:30 am - Health Programs with RN's from Hofstra
- June 19 from 10 to 2 - Mill Neck Manor Hearing Screening (by appt)
- June 19 at 11:15 am - General Membership Meeting with Judy
- June 20 at 5:30 pm - Chinese Auction
- June 21 at 11:00 am - Senior Scams presented by NYS AG office & Senator Marcellino
- June 21 at 12:45 pm - Japanese Stroll Garden Trip
- June 25 at 12:45 pm - Oyster Bay Music Festival Performance
- June 26 at 11:15 am - Oyster Bay Music Festival Performance
- June 27 from 10 to 2 - Health Fair with Saint Francis Mobile Screening Bus
- June 28 at 11:15 am - Skin Care and Sun Protection by Joan
- June 28 at 12:45 pm - "Stop the Bleed" by Nassau County Medical Center

Warmest Regards,

*- Judy Palumbo, Executive Director*

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