



# The Life Enrichment Center AT OYSTER BAY

This **New Year** is also *Happy One Year Anniversary* for me. Mimi asked how I felt about my job with one year in, and the first word that came to mind was BLESSED. It was a challenging first year with so much to learn and many bumps in the road, but I couldn't have had better teachers and mentors. Everyone at the Center - board, staff, and members alike - took me under their wing and taught me the ropes.

And I'm still learning, every day. Upstairs in the administration office, I'm learning about budgets and contracts and fundraising. When that starts to make my head spin, I'll pop into an exercise or dance class to reinforce the importance of our programs and the benefits of staying active and engaged. Then I'll go downstairs to be among our members and learn how to be more caring, more gracious and to enjoy the moment.

I have to admit, I did have an ulterior motive for taking this job: to learn the secrets of a life well-lived and the keys to happiness from the most experienced teachers. What's the answer? If you want to know, you know where to find us!

Thank you all for a wonderful first year!!

*And a special thanks to all the staff, members and volunteers who helped make the Center magical this holiday season. **Thanks to all** who spent hours decorating, crafting, crocheting, and baking. To those who organized, worked, and participated in our holiday celebrations and fundraisers. To those who brought wonderful holiday music to the Center – I thank you for the most festive holiday ever.*

Welcome winter 2018. It's cold out there, so come and enjoy the many programs in the warmth of the Center. Special lectures and programs:

Jan 4th – Trip to Roosevelt Elementary School for a Holiday Show

Jan 11th – Winter Wonderland historical lecture presented by bestselling author Monica Randall

Jan 18 – Women's Health by Dr. Lucy Gade of Northwell Health

P.S. A fond farewell to Jim Bubloski, Bus Driver extraordinaire at the Center for over 20 years. We are all going to miss you terribly – and Bingo will never be the same!

With much love,

*- Judy Palumbo, Executive Director*

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